

2 November 2015

Dear Parent/Carer

Please find enclosed additional details for our venture to Serre Chevalier, France departing on Friday 8 January 2016. Some of the details may be subject to change but I will let you know prior to departure.

Would you please arrange to arrive at school at 5.00pm on Friday 8 January 2016 [please park on the tennis courts at the front of the lower school]. We will aim to depart at 5.30pm.

Clothing hired from Glide & Slide [School Plus Ski] will be available for collection from school during the week prior to the Christmas holiday.

Priorities: Your son / daughter is required to travel on his / her own passport. [Handed to Angela Read in the lower school office for the last week of the Autumn [Yr 9] or Spring [Yr 12] terms please]. If you are travelling abroad during the Christmas holiday or during the first week of the Easter holiday please let us know so that we can make alternative arrangements.

Existing medical conditions must be notified in advance

Return your completed behaviour management consent form [Handed to Elise Dodds asap]

European Health Insurance card: Application online [www.ehic.co.uk](http://www.ehic.co.uk) [Also to lower school office for the last week of term please]

Students will require their own towel and will also need to take a swimming costume [Lycra or Speedo no baggy shorts].

Pre visit fitness: Visit [www.ifyouski.com](http://www.ifyouski.com) for appropriate exercises.

I hope that the parents' evening combined with the information on the sheets will have resolved any outstanding issues. However, if you require further clarification please contact me at your convenience [stmullins@gehs.net](mailto:stmullins@gehs.net).

Yours faithfully



**Travel / Visit Details**

Year 9 Ski Venture – Serre Chevalier, France

General	We will ski from 10- 15 January [six days] and depart after skiing on Friday 15 January. We should arrive back in Hexham at approximately 5.30pm on Saturday 16 January, 2016	Departure Date	Friday 8 January, 2016 – the coach will leave QEHS Lower School at 5.30pm. Please arrive at 5.00pm and park on the tennis courts.
Insurance	The insurance policy is held with the LEA LEA Zurich Municipal Insurance Ltd  I am holding the policy documents – copies of policies are available on request. Please note that there is an 15.00 excess for medical claims and a higher excess for possessions etc.	Travel Company	SkiBound Ltd, Olivier House, 18 Marine Parade, Brighton, East Sussex, BN2 1TL. Company  Company registration no. 18739566  ABTA V378X.  ATOL 2165  Tel. 01293 512068 [24hr]  Venture Ref B17485
Coach Travel	J H Hughes 0191 4104107	Ferry details	P & O Ferries Outbound 2.25am  Inbound 8.15 am

<p>Accommodation</p>	<p>Hotel Frejus, Villeneuve, Tel 0033 492247711.</p> <p>Full Board including a buffet breakfast and cooked midday and evening meals.</p> <p>The hotel is approximately 30 metres from the main uplift.</p>	<p>Luggage</p>	<p>Space is limited. Students must restrict their packing to one medium size soft holdall. They may also wish to take a small carry bag for inside the coach, packed lunch, MP3/4, DVD's etc.</p> <p>The first meal included is in resort on Saturday 10 January so students will require a packed lunch /money for a meal on the journey. NO ENERGY DRINKS OR CHEWING GUM PLEASE.</p> <p>Students need to bring a swimming costume and must supply their own towel.</p>
<p>Skiing details</p>	<p>The lift pass covers 250km of piste.</p> <p>Instruction [6 x 5 hours] will be provided by instructors from the Ecole du Ski Francais, Villeneuve. On occasions students may ski with Steve Mullins, PSIA instructor.</p> <p>On no account will students be allowed to ski on their own.</p> <p>Skiing can be a very physically demanding activity. It is strongly recommended that each student completes an exercise programme prior to the visit. Please visit <a href="http://www.ifyouski.com">www.ifyouski.com</a> which has details of appropriate exercises.</p>	<p>Apres Ski</p>	<p>Supervised evening entertainment will be organised e.g. bumboarding, swimming, band night ice skating etc.</p> <p>Entry fees are included in the price with the exception of a possible visit to the Spa at Le Grand Bains, Monetier E10.00</p> <p>Students will be expected to participate in all activities and be enthusiastic, cooperative and well-mannered throughout the entire visit.</p>

Updated Medical Details

Please supply any changes in Medical status

Please provide details of any in-patient medical treatment received within the last 12 months

Parent /Guardian Name

Parent /Guardian Signature