

Hexham, Queen Elizabeth High School

Year 9 Ski Venture January 2016

Staffing & General Supervision

Five adults will accompany a party of forty seven students

Steve Mullins	Teacher of Physical Education, PSIA Alpine Ski Instructor. SNSC Alpine Ski Leader, SNSC Artificial Ski Slope Instructor, MLC. Intro. First Aid Qualified. Experience of organising Fifty + school ski ventures.
Lindsey Bevan	Experienced teacher and skier who has previous experience of this and other overseas visits.
Shona Mullins	Teacher who has prior experience of school ski ventures to Serre Chevalier, France
Ian Kerr	Employed as an outdoor instructor at Whickham Thorns Outdoor Activity Centre, Gateshead, First Aid qualified. Prior Experience of this visit
Matthew Bewick	Active Northumberland Community Sports co-ordinator. Many years' experience of working with young people and three years experience of this visit

- Each adult has appropriate and relevant experience of skiing and / or of working with students.
- Adults will supervise students in a manner appropriate to the situation.
- Students will be aware of expectations and be expected to respond accordingly.

Transport - Coach

- The coach will have executive specification and be fully maintained
- Students will be required to stay in their seat and to wear their seat belt
- There will be a head count following all stops
- During stops students will be expected to move around in small groups
- The drivers expertise will be used to inform any decisions regarding safety throughout the journey

Transport - Ferry Crossing

- The drivers will inform the students of the deck number and stair well access to be used
- Adults will be located in a central area
- Students will be able to move around inside the vessel but will be required to be in small groups of at least two.
- Students will be informed that they must not go outside of the vessel

Hotel & Movement around the Village

- The hotel is fully equipped and maintained
- The hotel is 4 minutes from the nearest uplift, approximately 200 metres from the local shopping area and approximately 400 metres from the nearest doctor's surgery.
- There are clearly marked exits and there will be a trial fire drill
- Rooms are of a reasonable standard and all have en-suite facilities
- On arrival students will be required to sign a breakages form. They will be required to accept financial responsibility for any damage caused during our visit.
- The hotel has a current Health & Safety and Food Hygiene certificate.
- The Chef has been supplied with the dietary requirements of the party
- Students will be given clear instructions concerning times for going to rooms
- There will be a staff room on each floor occupied by students
- The village is compact
- Students will be given an early opportunity to become familiar with the local environment
- Students will be required to move around in at least pairs and discouraged from travelling in large groups

Medical & Dietary Details

- Parents have supplied up to date medical and dietary information
- Each student will carry a medi-card
- The doctor's surgery is approximately 400 metres from the hotel. There is a General Hospital in Grenoble [64 Km]
- Students are encouraged to complete exercises prior to departure. Visit www.ifyouiski.com for ideas.
- Beginners will be taken to the Dry Ski Slope at Whickham Thorns prior to the venture.

Skiing Arrangements & supervision

- In line with their professional training the ski instructors will accept responsibility for the safety / treatment of students during skiing
- Each student will be able to access emergency services by the use of a medi-card
- Adults will accept responsibility for the safety / treatment of students at all other times
- In the event of illness the doctors surgery provides 24 hour cover
- Medical insurance covers all medical expenses [prior conditions must be notified in advance].
- All students will be placed in ski school [6 days x 5 hours]
- There will be five instructors with groups organised according to ability and experience
- Where appropriate students will be moved between groups
- The ski instructors are all fully qualified.
- The professional expertise of the instructors will ensure that the students enjoy a safe but challenging experience
- Skiing will take place within the specified boundaries of the ski resort
- Each student will carry a medi-card so that they can access the emergency services if necessary
- All students will be required to wear a helmet [provided]
- Where necessary an individual may be removed from their ski class. They may then ski with Steve Mullins PSIA Ski Instructor, SNSC Alpine Ski Leader, SNSC Artificial Ski Slope Instructor & First Aid Qualified. Full insurance cover applies to this situation.

Apres Ski activities – Included in the price*

Spa Visit [Possible E10.00 payment*]

- The pools are supervised by qualified lifeguards and holds a current Health & Safety certificate
- Staff will be present at the session [Ratio 1 – 10]*
- The pools are kept at varying but appropriate temperatures; they are well maintained with excellent shower facilities.
- Depths are clearly marked and local rules are enforced
- This activity is optional but is highly recommended as an excellent way of relaxing after a hard days skiing
- Access is available to a telephone & emergency services*

Bumboarding

- The activity will proceed in a clearly defined area
- Adults will assume responsibility for the organisation of the activity
- A limited number of students will be allowed to slide at one time
- This activity will involve practice and then a competitive element
- Access is available to a telephone & emergency services*

Ice Hockey match

- Will happen if the local national league team are at home
- Students will be located in a central area
- Students will be supervised
- Access is available to a telephone & emergency services*

Ten Pin Bowling

- Will take place in a facility which holds a current health & Safety certificate
- All staff and students will be present
- Games will be played in a controlled & competitive environment
- Access is available to a telephone & emergency services*

Ice Skating

- Conditions permitting this will take place in an outdoor environment
- The rink holds a current health & safety certificate
- Students will be required to wear their ski jacket, gloves and helmet
- The activity will be supervised by the teaching staff
- The activity will be conducted in a controlled and fun environment
- Access is available to a telephone & emergency services*

Floodlit skiing [conditions permitted]

- If conditions permit it is our intention to give each student experience of skiing at night on the floodlit piste in the resort
- Students will be taken in small groups and will be accompanied by Steve Mullins plus at least one other adult.
- The activity organised will be appropriate to the standard of the group
- Access is available to a telephone & emergency services*