

## Year 10 Exam Week Preparation Template

Year Group:	10
Subject:	GCSE PE
Tier (if applicable):	N/A

### Details of exam

Paper to be sat:	Paper 1
Topics to be covered in the mock:	Components of fitness Skeletal System Muscular System Movement analysis Cardiovascular system Respiratory system

### Materials to support your revision

Link to Online Resources:	<a href="https://www.ocr.org.uk/qualifications/gcse/physical-education-j587-from-2016/assessment/">https://www.ocr.org.uk/qualifications/gcse/physical-education-j587-from-2016/assessment/</a> - Sample assessment materials
Link to exemplar questions or past papers to use:	
Link to model answers or mark schemes:	
Recommended revision guides:	Class notes should be used as revision material, revision guides will be provided by the PE department at the end of the year.
In house booklets:	Pupil work books  Department revision guide, containing information pages and sample exam questions and mark schemes
For essay subjects and longer answer questions – suggested question titles for practice:	Cardiovascular system Components of fitness Skeletal System Muscular System