

Year 13 Mock Week

Year Group:	13
Subject:	A Level PE
Tier (if applicable):	

Details of mock exam

Paper to be sat:	<p>Paper 1 – Physiological Factors Affecting Performance</p> <p>Paper 2 – Psychological Factors Affecting Performance</p>
Topics to be covered in the mock:	<p>Paper 1:</p> <p>Skeletal and Muscular Systems Cardiovascular and Respiratory Systems Energy for Exercise Recovery Environmental Effects on Body Systems Injury Prevention Biomechanics</p> <p>Paper 2:</p> <p>Skill Acquisition Sports Psychology</p>

Materials to support your revision

Link to online resources:	<ul style="list-style-type: none"> - OCR website (http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-h155-h555-from-2016/assessment/) Here students will find a selection of sample exam questions
Link to exemplar questions or past papers to use:	<ul style="list-style-type: none"> - OCR website (http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-h155-h555-from-2016/assessment/) Here students will find a selection of sample exam questions
Link to model answers or mark schemes:	<ul style="list-style-type: none"> - OCR website (http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-h155-h555-from-2016/assessment/) Here students will find a selection of sample exam questions
Recommended revision guides:	<ul style="list-style-type: none"> - Class notes - OCR text book, PE for A Level book 1 (Hodder Education) - OCR text book, PE for A Level book 2 (Hodder Education)
In house booklets:	<ul style="list-style-type: none"> - Departmental past exam question/mark scheme booklet

For essay subjects
and longer answer
questions –
suggested question
titles for practice: