

Psychology A Level Bridging Tasks

RESEARCH TASKS		
Task	Instruction	Requirement
Researching Psychological Approaches	<p>Research psychological approaches: Psychodynamic, Humanistic, Behaviourism, Social Learning Theory, Cognitive and Biopsychology. Include:</p> <ol style="list-style-type: none"> 1. Brief summary of the principles (1 or 2 paragraphs) 2. The names and details of any associated famous psychologists 3. Brief outline of key research studies associated with the approach 	Essential: we will discuss your research in the first lessons back.
Apply the approaches to a famous celebrity or character	<p>Choose a celebrity or fictional character with interesting behaviours and under the headings Psychodynamic, Humanistic, Behaviourism, Social Learning Theory, Cognitive and Biopsychology explain their behaviours. Create a poster with this information.</p> <p>For example, you could choose Amy Winehouse and discuss how her drug addiction was due to her imitating her friends (social learning theory) or it could be due to the impact of drugs on certain brain areas (biopsychology). Or you could choose a character like the Joker and suggest his behaviour is due to negative thought patterns (cognitive) or repressed trauma from when he was a child (psychodynamic).</p>	Essential: we will discuss your research in the first lessons back.
READING		
Course Textbook	<p>If you are certain you will be taking A Level psychology you can order your textbook that we will work from in lessons. Below is the current book we use, but there is a new version coming out in a month or so, so you might want to wait for this.</p> <p>AQA Psychology for A Level Year 1 & AS. By Cara Flanagan Dave Berry, Matt Jarvis, Rob Liddle. (ISBN 978-1908682406)</p> <p>Note: it has a picture of a girl with green hair on the front and get the full book not just the revision guide.</p>	Essential. We work from this textbook in class and for homework.
Wider reading: The Man who mistook his Wife for a Hat by Oliver Saks.	This is a collection of case studies of patients with unique/interesting brain damage. Useful for the topics of Memory because it includes cases of amnesia and Biopsychology because it looks at functional recovery of the brain.	Not essential
Wider reading: The Psychopathy Test by Jon Ronson	Jon Ronson is a journalist who investigates the nature of a psychopath. He questions the validity of testing them and suggests there may be many psychopaths in society who are functioning and non-criminal. Particularly in politics and business.	Not essential
Wider reading: Opening Skinner's Box by Lauren Slater	Brilliant short summaries of some of the most famous psychological studies. Some of which we study in our course.	Not essential

Wider reading: The Essential Difference by Simon Baron-Cohen	All about his research into gender differences and how they might actually be routed in biology after all. Also includes interesting and controversial links between the male brain and autism.	Not essential
BPS: British Psychological Society	https://www.bps.org.uk/ The governing body for our subject. Here you can find out more about careers, latest research and become a student member of the BPS.	Essential: we strongly recommend you have a look at this website.
THINGS TO WATCH		
Three Identical Strangers	Available on 4OD and Netflix. A documentary based on Triplets who were separated at birth. Relates to the nature nurture debate.	Not essential
The Stanford prison experiment	A film depicting the famous prison study that we'll learn about in our first topic in social psychology.	Not essential
The Experiment	A film depicting the famous psychologist Stanley Milgram that we'll learn about in our first topic in social psychology.	Not essential
12 Angry Men	An old film that will be great for our discussions into conformity.	Not essential
One flew over the cuckoo's nest	Useful for psychopathology and definitions of abnormality.	Not essential
Beautiful mind	Useful for psychopathology and schizophrenia topics.	Not essential
Zimbardo Ted Talk	https://www.ted.com/talks/philip_zimbardo_the_psychology_of_evil?language=en Great tp get you thinking about "what is evil?" for our social psychology topic.	Not essential
LISTEN TO...		
BBC4s "I hear voices"	BBC Sounds – 'I hear voices' about a woman's experience of schizophrenia https://www.bbc.co.uk/programmes/p05q82d8	Not essential
BBC4s All in the mind series	All in the mind – the impact of psychological research on our lives https://www.bbc.co.uk/programmes/b03hvx74	Not essential
BBC4s All in the mind series	All in the mind - how attitudes to mental health have changed over the last 25 years https://www.bbc.co.uk/programmes/b03hvx74	Not essential
ONLINE COURSES		
Online Course	https://www.futurelearn.com/courses/history-science-psychology Interesting articles and videos explaining the history and background of psychology.	Not essential
Online Course	https://study.com/academy/course/high-school-psychology.html Another nice overview of psychology with some of the key skills you'll need next year.	Not essential
Online Course	Luke Devine, " Freud, psychoanalysis, the historical and the political " An online lecture for you about Freud whom we cover in approaches.	Not essential