



Queen Elizabeth
High School

spes durat avorum

New School - Try a New Sport? QEHS Learn To Row

QEHS Rowing Club (not to be confused with Hexham Rowing Club) has an outstanding reputation in introducing rowing to all juniors and provides the opportunity to enjoy rowing in a supportive and safe environment. Rowing is a co-curricular school club and financially independent so there are membership costs. We follow Government guidance to all sport clubs, ensuring a Covid-19 safe environment. There is also specific guidance from British Rowing and School Sport.

LEARN TO ROW (L2R) COURSE

To register your interest or for more information please contact Pauline Higgins (Rowing Coordinator):

preferably on ghiggins20@aol.com, Mob. – 07812993465

Initially new rowers will require greater input from coaches and experienced rowers so we will need small group sessions. We will therefore be inviting students by email from the list of those who have shown an interest in joining the club to a **free taster session(s)** during the school summer holidays.

We wish the first sessions to be fun and encouraging so that students will stay with rowing and be full members of our happy and supportive large family.

The L2R sessions will be through Sept & Oct on Mon and Wed evenings after school and Sun mornings at 11.00am at a total cost of just £20.

Attendance at all sessions is not necessary as we encourage children to engage in a wide range of activities both sporting and otherwise life enhancing.

From Nov. 1st full club membership of £20 per month will become due.

QEHSRC is one of the top junior sports clubs in the region and the largest northern junior rowing club with over 120 members throughout last year. The club is run by volunteers, experienced coaches and supported by dedicated parent volunteers. Our excellent fleet of 43 distinctive yellow boats and all equipment is specific for juniors. QEHSRC competes locally and at national events, including preparing and supporting young people involved in GB performance pathways.

The fitness and flexibility developed through rowing will enhance any other sporting activity. There are many opportunities for personal development and there are four captains who help to manage all sessions, social events and support new members. In a truly mixed junior age setting, developing personal independence and a willingness to help others is key to our club ethos and recognisable in all our sessions.