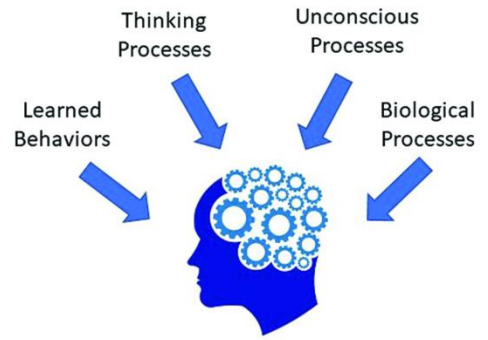


## Psychology A Level Bridging tasks

ESSENTIAL TASKS FOR FIRST LESSON BACK:

### 1. Researching Psychological Approaches.

We look at six key approaches to understanding human behaviour. Psychodynamic, Humanistic, Behaviourism, Social Learning Theory, Cognitive and Biopsychology. Research each of the six approaches and create:



- a) Brief summary (1 or 2 paragraphs) of the history and key principles for each approach
- b) Brief outline of at least one key research study associated with the approach (1 or 2 paragraphs)

### 2. Apply the approaches to a celebrity or character

Choose a celebrity or fictional character with interesting behaviours and under the headings Psychodynamic, Humanistic, Behaviourism, Social Learning Theory, Cognitive and Biopsychology explain their behaviour. Create a poster with this information and a brief profile of your person.

For example, you could choose Amy Winehouse and discuss how her drug and alcohol addiction was due to her imitating her friends (social learning theory) or it could be due to the impact of drugs on certain brain areas (biopsychology). Or you could choose a character like the Joker from batman and suggest his behaviour is due to negative thought patterns (cognitive) or repressed trauma from when he was a child (psychodynamic).

### 3. Course Textbook

If you are certain that you will be taking A Level Psychology, you can order your textbook that we will work from in lessons.

**AQA Psychology for A Level Year 1 & AS. 2<sup>nd</sup> edition. By Cara Flanagan Dave Berry, Matt Jarvis, Rob Liddle. (ISBN 978-1-912820-42-9)**

Note: it has a picture of a girl with green hair on the front and get the full book not just the revision guide.

## Non-essential Wider Learning

If you are passionate about understanding human behaviour and can't wait to get started; here is a list of some of our favourite books, podcasts and films that will be relevant to your course.

The Man who mistook his Wife for a Hat by Oliver Saks.	This is a collection of case studies of patients with unique/interesting brain damage. Useful for the topics of Memory because it includes cases of amnesia and Biopsychology because it looks at functional recovery of the brain.
The Psychopathy Test by Jon Ronson	Jon Ronson is a journalist who investigates the nature of a psychopath. He questions the validity of testing them and suggests there may be many psychopaths in society who are functioning and non-criminal. Particularly in politics and business.
Opening Skinner's Box by Lauren Slater	Brilliant short summaries of some of the most famous psychological studies. Some of which we study in our course.
The Essential Difference by Simon Baron-Cohen	All about his research into gender differences and how they might actually be routed in biology after all. Also includes interesting and controversial links between the male brain and autism.
BPS Website (British Psychological Society)	<a href="https://www.bps.org.uk/">https://www.bps.org.uk/</a> The governing body for our subject. Here you can find out more about careers, latest research and become a student member of the BPS.
Three Identical Strangers	A documentary based on Triplets who were separated at birth. Relates to the nature nurture debate.
The Stanford prison experiment	A film depicting the famous prison study that we'll learn about in our first topic in social psychology.
The Experiment	A film depicting the famous psychologist Stanley Milgram that we'll learn about in our first topic in social psychology.
12 Angry Men	An old film that will be great for our discussions into conformity.
One flew over the cuckoo's nest	Film. Useful for psychopathology and definitions of abnormality.
Beautiful mind	Film. Useful for psychopathology and schizophrenia topics.
Zimbardo Ted Talk	<a href="https://www.ted.com/talks/philip_zimbardo_the_psychology_of_evil?language=en">https://www.ted.com/talks/philip_zimbardo_the_psychology_of_evil?language=en</a> Great to get you thinking about "what is evil?" for our social psychology topic.
BBC4s "I hear voices"	BBC Sounds – 'I hear voices' about a woman's experience of schizophrenia <a href="https://www.bbc.co.uk/programmes/p05q82d8">https://www.bbc.co.uk/programmes/p05q82d8</a>
BBC4s All in the mind series	All in the mind – the impact of psychological research on our lives <a href="https://www.bbc.co.uk/programmes/b03hvx74">https://www.bbc.co.uk/programmes/b03hvx74</a>
Future learn Online Course	<a href="https://www.futurelearn.com/courses/history-science-psychology">https://www.futurelearn.com/courses/history-science-psychology</a> Interesting articles and videos explaining the history and background of psychology.