



Queen Elizabeth High School

spes durat avorum

14 October 2022

Dear Parent/Carer

Thank you to Y11 parents/carers who attended the information evening on Tuesday. Mrs Fletcher-Woods will share the PowerPoints on the school website. Next week a number of school trips and sports fixtures are taking place and term ends on Thursday 3.20pm. We

Sports News

Students recently participated in the Northeast swimming gala. The senior boys won their race and have qualified for the National Finals. All other teams did well with senior and inter girls coming in second place and the inter boys achieving 3rd place in their race. The cross-country teams were excellent when they took part at Temple Park on Tuesday, with both the inter girls and senior boys qualifying for North of England competition in Middlesbrough.

Rowing Success

Robbie Collen in Year 13 has been selected to represent GB in the Beach Sprints World Championships this weekend in Saundersfoot, Wales. He has been selected in the U19 Mens' Double Sculls with partner James (Newcastle University).

Robbie was involved in the full GB Pathway selection from September 2021, which involved land based and water based assessment. He decided to trial for the GB Beach Sprint Team and attended the trials at Hollowell Lakes, Northampton, in August. He came third in the single sculls and won the Mixed Double Sculls with partner Scarlett from Agecroft RC. The GB Team selectors decided to form a U19 Men's Double by partnering Robbie with James, who came just behind Robbie in the Single Scull and second in the Mixed Double Sculls. With both boys coming from the North East it facilitated good opportunities for training.

They are a well matched pair and all of QEHS Rowing wish them well this weekend.

QE Parent, Teachers and Friends Association (PTFA)

As a reminder from our September updates, please note that the new QE Parent, Teachers and Friends Association is hosting their first AGM at **6.30pm on Tuesday 18 October** when they will be adopting a constitution. The proposed draft can be viewed [here](#). They will also be voting to appoint a small committee of trustees of the QEHS PTFA. If you would like to be on that committee, attend the meeting or be involved in helping the PTFA more generally then please send your details to QEHS.PTFA@gmail.com and they will be in touch.

Queen Elizabeth High School

Whetstone Bridge Road, Hexham, NE46 3JB

T: 01434 610300 E: admin@qehs.net

www.qehs.net

Executive Headteacher: **Graeme Atkins**

Head of School: **Neil Seaton**

Northumbria University Research

The following is not linked to the school but may be of interest to some families.

Northumbria University's Brain, Performance and Nutrition Research Centre is undertaking some research into the cognitive, behavioural and mood effects of Lemon Verbena extract supplementation and a matched placebo prior to and after 4 and 8 weeks of supplementation. The study is for children and adolescents children aged 8-17 and will involve the children (and their parent/carer) visiting the laboratory at Northumbria University (City Campus) on four separate days, plus an initial online/telephone screening appointment. The initial screening appointment will take place after school on a weekday and last around 30 minutes. The first lab visit will be a training visit and will take place after school on a weekday and will last approximately 2 hours. The remaining 3 visits are testing visits and will take place on a weekend and last approximately 1.5 hours each. The child will receive **£120 in vouchers** for taking part. Parents/carers will receive £30 towards travel expenses at the end of the study. Please see the attached letter with full information.

Congratulations and sharing student news

Last year a number of parents/carers emailed me to let me know about the success of their children. This meant we could celebrate the wonderful achievements enjoyed by members of our community. Please email admin@qehs.net if you want school to be aware and recognise the fantastic activities that students participate in outside school.

Kind regards

Mr Seaton

Head of School