Year 13 Mock Week

Year Group:	13
Subject:	A Level PE
Tier (if applicable):	

Details of mock exam

Paper to be sat:	Paper 1 – Physiological Factors Affecting Performance
	Paper 2 – Psychological and Socio-Cultural Factors Affecting Performance
Topics to be covered	Paper 1:
in the mock:	Skeletal and Muscular Systems
	Cardiovascular and Respiratory Systems
	Recovery
	Injury Prevention
	Biomechanics
	Diet and nutrition
	Paper 2:
	Skill Acquisition
	Sports Psychology
	Socio-Cultural

Materials to support your revision

Link to online resources:	 OCR website (http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-h155-h555-from-2016/assessment/) Here students will find a selection of sample exam questions
Link to exemplar questions or past papers to use:	- OCR website (http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-h155-h555-from-2016/assessment/) Here students will find a selection of sample exam questions
Link to model answers or mark schemes:	- OCR website (http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-h155-h555-from-2016/assessment/) Here students will find a selection of sample exam questions
Recommended revision guides:	 Class notes Revision guide purchased by students Hodder Paper 1 workbook
In house booklets:	- Departmental past exam question/mark scheme booklets

For essay subjects and longer answer	Paper 1: TBC with students.
questions –	Paper 2: Sports psychology – TBC with students.
suggested question	
titles for practice:	