Key Stage 4 (10)

In key stage 4, PSHE is taught as part of a carousel so students will not all be taught the course in the order set out below.

Topic

Deepening knowledge and understanding, extending and rehearsing skills, and further exploring attitudes, values and attributes acquired during key stage 3. PSHE reflects the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others.

	Relationships and Sex Education
	Consent – 'Screwball'
	Sexually Transmitted Infections
Carousel	 Contraception
1	• Condoms
	Families and close positive relationships
	 Parenting – 'Baby Borrowers'
	Pregnancy choices and abortion
Carousel	Mental Health and Emotional Wellbeing & Online Safety
2	
	New challenges
	 Reframing negative thinking
	 Recognising mental ill health and when to seek help
	 Promoting emotional well-being
	Self-image and identity
	Online relationships
	Online reputation
	Privacy and security
Carousel 3	Drugs, Alcohol, LGBT+ & Young Carers
5	Substance use and assessing risk
	Substance use and managing influence
	 Help seeking and sources of support
	 Pride, prejudice and progress
	 Gareth Thomas: 'Afraid to be gay?'
	 Leo: 'Becoming a trans man'
	Young Carers
Carousel	Living in the wider world: Financial Literacy
4	
	 How do I understand credit & debt?
	 How do I understand payslips and deductions?
	Staying in control of my money
	 How can my money choices affect my mental well-being?