**Bridging Work - Health and Social Care**

**Unit 1: Human Lifespan Development (Task 2)**

Today, you are going to a complete an independent research task into various aspects of a child’s physical development. Once a baby is born, they start to develop physically, reaching milestones at various ages.

Using the website shown below, conduct research into the following questions and complete the table below:

[Fine and Gross Motor Skills in Children (verywellfamily.com)](https://www.verywellfamily.com/what-are-motor-skills-3107058)

1. Provide a definition of the terms gross and fine motor skills​
2. Give a minimum of one gross and fine motor skills for at the ages shown. Present this information in the table shown below
3. For what reasons might a child have delayed physical development?

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| --- |
| **Physical Development Fine Motor Skills** |
|  **Age** | **What happens at this stage** |
| 3-6 months |  |
| 6-12 months |  |
| 1 year |  |
| 2 years |  |
| 3 years |  |
| 4 years |  |
| 5 years |  |
| 6 years |  |

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