

Dear Parent/Carer

This week we have been raising awareness of mental health in the high school with assemblies delivered by the primary mental health team. They have emphasised the importance of looking after our mind as well as our body.

Our Y11 students will sit their first round of mock exams next week and the following. Best of luck to all of the students. Y9 and Y10 students started their tutor time reads this week – reinforcing a love of reading and storytelling.

Student success

Exciting times for Maya C and Abby MC who have a screening of films they have made with their stage school, The Pauline Quirke Academy of Performing Arts Newcastle at the beginning of November. This is on the back of performing their West End debuts at the start of the Summer. Next month they will walk the red carpet and see themselves on the big screen.

Congratulations on the incredible success of the QE cross country runners who competed in the regional round of the schools' cross-country fixtures. Well done to Arthur D and Magnus R who finished first and second (respectively) in their race. QE Intermediate Boys and QE Senior Girls were both the top performing schools in their round and the Senior Boys were 4th in their round. This is an exceptional set of results and a testament to the hard work of those involved.

#WakeUpWednesday

#WakeUpWednesday is a weekly parent and child friendly online safety guide from National Online Safety. If you think this is helpful to you and your child, signing up so you receive the update every Wednesday is easy using the following link. <https://nationalcollege.com/auth/login>.

QEPTA

QEHS's Parent Teachers & Friends Association is holding its Annual General Meeting on 9th November 2023 at 6pm, County Hotel, Priestpopple, Hexham, NE46 1PS (flyer attached).

QEPTFA Lottery

If you are looking for a hassle free way to support the PTFA, you will be interested in their newly launched Lottery. For just £1 per month per ticket you will be in with a chance of winning two £25 prizes. It's quick to join and everything is online. Join the next Lottery draw using this [Google Form](#) or send any queries to the Lottery [email](#). Sixth form students over the age of 16 are also able to take part. I will be drawing the first round this week.

Queen Elizabeth High School
Whetstone Bridge Road, Hexham, NE46 3JB
T: 01434 610300 E: admin@qehs.net
www.qehs.net

Executive Headteacher: **Graeme Atkins**
Head of School: **Neil Seaton**

Aerosol cans

The use of aerosols can cause harm to individuals and the environment. After October break the high school will be a deodorant/anti-perspirant aerosol free zone. Students should not bring aerosols into school as they will be confiscated.

Routes into STEM

Attached you will find information about routes into STEM which a 3-day course providing young people aged 13 to 15 (Yr9 & 10) with an understanding of the amazing opportunities offered by **STEM** based careers (Science, Technology, Engineering and Maths). Sign up deadline: Tuesday 17 October.

Yours faithfully



Neil Seaton
Head of School