## Y11 Formal Mock Exam /Assessment

| Year Group: | 11 |
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| Subject: | GCSE PE |
| Tier (if applicable): |  |

## Details of mock exam

| Paper to be sat: | 2.1.c. Ethical and socio-cultural issues in physical activity and sport <br> 2.2 Sports psychology <br> 2.3 Health, fitness and well-being |
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| Topics to be covered in the mock: | 2.2 Sports psychology <br> - Classification of skills <br> - Characteristics of a skilful movement <br> - Goal setting <br> - Mental preparation <br> - Types of guidance <br> - Types of feedback <br> 2.1.c. Ethical and socio-cultural issues in physical activity and sport <br> - Ethics <br> - Violence <br> - Deviance <br> - Sportsmanship <br> - Gamesmanship <br> - Drugs in sport <br> 2.3 Health, fitness and well-being <br> - Social, emotional and physical factors <br> - Diet and nutrition <br> Please note: Content checklists will be provided for students regarding the topic areas on the test. |

## Materials to support your revision

| Link to Online <br> Resources: | Students will be introduced to GCSE POD as a revision tool during lessons. <br> https://www.gcsepod.com/ |
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| Students will be introduced to the everlearner YouTube channel. Allowing <br> them to access revision materials. <br> https://www.youtube.com/c/TheEverLearner/featured |  |
| Link to exemplar <br> questions or past <br> papers to use: | Pupils will be provided with example question booklets relating to the topic <br> area. |
| Link to model <br> answers or mark <br> schemes: | The exam question booklets will contain the mark schemes. |


| Recommended <br> revision guides: | Pupils will have access to their own revision materials they have created <br> within lessons. <br> PE department will produce revision resources that can be used prior to <br> the mock exams. <br> Students have had the option to purchase revision materials from the <br> department at a cost of $£ 9.50$. |
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| In house booklets: | As above |
| For essay subjects <br> and longer answer <br> questions - | All elements of sports psychology. |


| Suggested question <br> titles for practice: | N/A |
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