

Key Stage 4 (10)

In key stage 4, PSHE is taught as part of a carousel so students will not all be taught the course in the order set out below.

Topic

Deepening knowledge and understanding, extending and rehearsing skills, and further exploring attitudes, values and attributes acquired during key stage 3. PSHE reflects the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others.

Relationships and Sex Education	
Carousel 1	<ul style="list-style-type: none">• Consent – ‘Screwball’• Sexually Transmitted Infections• Contraception• Condoms• Families and close positive relationships• Parenting – ‘Baby Borrowers’• Pregnancy choices and abortion
Carousel 2	Mental Health and Emotional Wellbeing & Online Safety <ul style="list-style-type: none">• New challenges• Reframing negative thinking• Recognising mental ill health and when to seek help• Promoting emotional well-being• Self-image and identity• Online relationships• Online reputation• Privacy and security
Carousel 3	Drugs, Alcohol, LGBT+ & Young Carers <ul style="list-style-type: none">• Substance use and assessing risk• Substance use and managing influence• Help seeking and sources of support• Pride, prejudice and progress• Gareth Thomas: ‘Afraid to be gay?’• Leo: ‘Becoming a trans man’• Young Carers
Carousel 4	Living in the wider world: Financial Literacy <ul style="list-style-type: none">• How do I understand credit & debt?• How do I understand payslips and deductions?• Staying in control of my money• How can my money choices affect my mental well-being?

Key Stage 4 (11)

In key stage 4, PSHE is taught as part of a carousel so students will not all be taught the course in the order set out below.

Deepening knowledge and understanding, extending and rehearsing skills, and further exploring attitudes, values and attributes acquired during KS 3. PSHE reflects the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others.

Carousel 1	Relationships and Sex Education <ul style="list-style-type: none">• Consent & Saying 'No'• Healthy & Unhealthy relationships• Abusive relationships• Pornography• Is my body normal?• Case Study: Is this coercive control?
Carousel 2	Mental Health & Wellbeing <ul style="list-style-type: none">• Silver Linings Playbook• Stop Stigma• Mental Health Problem Case Study• Online relationships• Online reputation• Managing online information• Health, well-being and lifestyle• Privacy and security• Copyright and ownership
Carousel 3	Citizenship <ul style="list-style-type: none">• The UK legal system• Aims of punishment: 'You be the judge'• Miscarriage of justice: 'A life for a life'• Rehabilitation: 'Prisoners'• Matters of life and death: Abortion• Matters of life and death: Euthanasia