

### **Key Stage 4 – Year 11**

Our core PE curriculum will be planned and sequenced to build student knowledge and understanding under three strands; motor competence, rules, tactics and strategies and healthy participation. Our PE curriculum offers students the opportunity to develop their practical sporting skills across a coherent and well-sequenced curriculum, building upon prior learning and knowledge, including the opportunity to study a diverse range of sports.

- Badminton
- Basketball
- Fitness
- Lacrosse
- Outdoor Adventurous Activities (OAA)
- Trampolining
- Ultimate Frisbee