

Year 12 Exam Week Preparation Template

Year Group:	12
Subject:	PE

Details of exam

Paper to be sat:	<ul style="list-style-type: none"> • Skeletal and muscular • Cardiovascular system • Respiratory system • Biomechanics, specifically: Newton's Laws, Force and Free body diagrams. <p>Skill Acquisition</p> <ul style="list-style-type: none"> • Classification of skills • Types and methods of practice • Transfer of skills • Principles and theories of learning movement skills • Stages of learning • Guidance • Feedback • Memory models
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Materials to support your revision

Link to Online Resources:	http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-h155-h555-from-2016/
Link to exemplar questions or past papers to use:	http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-h154-h554/ old papers http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-h155-h555-from-2016/assessment/ new papers
Link to model answers or mark schemes:	http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-h154-h554/ old papers http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-h155-h555-from-2016/assessment/ new papers Student exemplars under above link as well
Recommended revision guides:	PE for A Level Year 1 PE for A Level Year 2 http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-

	h155-h555-from-2016/textbooks/
In house booklets:	A Level mark scheme and exam question booklet.
For essay subjects and longer answer questions – suggested question titles for practice:	Please see A Level exam mark scheme and question booklet.