

Queen Elizabeth High School
Physical Education
Year 9 Assessment Criteria

<p>Working Towards</p>	<p>Motor Competence (Range and quality of skill)</p> <ul style="list-style-type: none"> • Demonstrates some core skills for the activity in isolation and under pressure in a game situation. • Core skills are performed with some accuracy, control and fluency. <p>Healthy Lifestyle (Physical attributes)</p> <ul style="list-style-type: none"> • Demonstrates sufficient levels of physical fitness and psychological control to perform with some effectiveness. <p>Rule, Strategies, Tactics (Decision making)</p> <ul style="list-style-type: none"> • Selects and uses appropriate skills on some occasions. • Sometimes applies team strategies/tactics/compositional ideas demonstrating some understanding of the activity. • Demonstrates some awareness of the rules/regulations of the activity during performance.
<p>Expected Standard</p>	<p>Motor Competence (Range and quality of skill)</p> <ul style="list-style-type: none"> • Demonstrates most core skills and some advanced skills for the activity in isolation and under pressure in a game situation. • Core skills are performed consistently with a good standard of accuracy, control and fluency. • The advanced skills demonstrated are performed consistently with a good standard of accuracy, control and fluency. <p>Healthy Lifestyle (Physical attributes)</p> <p>Demonstrates good levels of physical fitness and psychological control to perform effectively.</p> <p>Rule, Strategies, Tactics (Decision making)</p> <ul style="list-style-type: none"> • Successfully selects and uses appropriate skills on some occasions. • Applies appropriate team strategies/tactics/compositional ideas demonstrating a good understanding of the activity. • Demonstrates good awareness of the rules/regulations of the activity during performance.
<p>Greater Depth</p>	<p>Motor Competence (Range and quality of skill)</p> <ul style="list-style-type: none"> • Demonstrates all core skills and many advanced skills for the activity in isolation and under pressure in a game situation. • Core skills are performed consistently with a very good standard of accuracy, control and fluency. • The advanced skills demonstrated are performed consistently with a very good standard of accuracy, control and fluency. <p>Healthy Lifestyle (Physical attributes)</p> <ul style="list-style-type: none"> • Demonstrates very good levels of physical fitness and psychological control to perform very effectively. <p>Rule, Strategies, Tactics (Decision making)</p> <ul style="list-style-type: none"> • Successfully selects and uses appropriate skills on most occasions. • Applies appropriate team strategies/tactics/compositional ideas demonstrating a very good understanding of the activity. • Demonstrates very good awareness of the rules/regulations of the activity during performance.