OCR

Queen Elizabeth High School
spes durat avorum

Alternative Academic Qualification (AAQ)

Health & Social Care

Introduction to Sixth Form

Name: _____

Contents

What will I be studying?

Health and social care is a subject that has many topic areas and is a good foundation subject for a wide range of careers.

In general, it's about people, their health, individual circumstances and what affect individuals.

Your learning will explore what healthcare and social care service there are and how different job roles support people to meet their individual needs.

First year – Certificate

One exam assessed unit – Principles of health and social care

Two supervised assignments called NEA's (non-examined assessment)

The NEAs are; Person-centred approach to care and Supporting people with mental health conditions

You will have an opportunity to resit your exam and there will be a chance to improve some of your assignment work

Second year – Extended Certificate

One exam assessed unit – Anatomy and physiology for health and social care

Two supervised assignments called NEA's (non-examined assessment)

The NEAs are; Supporting people with long-term physiological conditions and Supporting people in relation to sexual health, pregnancy and postnatal health

You will have an opportunity to resit your exam and there will be a chance to improve some of your assignment work

Your teacher will deliver the course content using a wide range of teaching methods.

You will have a booklet which you will be using in lessons and, a completed booklet at the end of the unit for revision or NEA practice. You can monitor your own learning through tick off the content as you go along .

You may be considering a career which requires a university degree and are thinking about UCAS points for the AAQ.
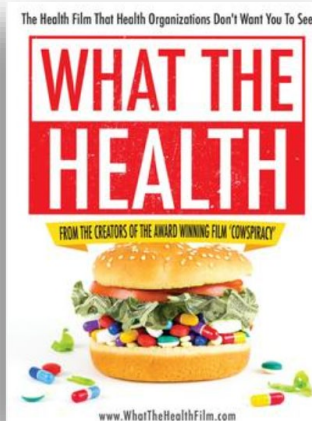
Certificate		Ext. Certificate	
Grade	UCAS points	Grade	UCAS points
D*	28	D*	56
D	24	D	48
M	16	M	32
P	8	P	16

NETFLIX

Babies

What the Health

Louis Theroux: Extreme love, Dementia
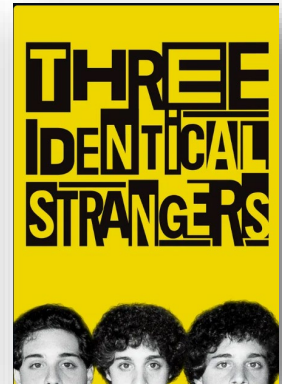
Five Feet Apart

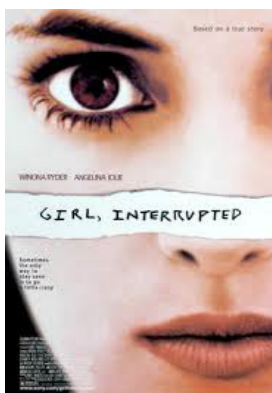**Brain on Fire**

Theory of Everything

Humans; Body Systems

Three identical strangers

Girl, interrupted

Call the Midwife

13 Reasons Why

The Game Changer (2018)

Recommended Watching for Health & Social
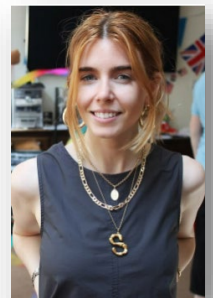
Not
NETFLIX

BBC iPlayer

Rhod Gilbert's Work Experience	Katie Price; Harvey and Me	Inside our Minds	Stacey Dooley 9-5 Care Home

All 4

24 hours in A&E	Born to be different	The Royal Marsden	Losing it: Our mental health

Can We Cure Kids' Cancer?

A look at three families receiving pioneering cancer treatment at The Royal Marsden Hospital, including a girl taking a new targeted drug and a toddler awaiting a stem cell transplant

24 Hours in A&E

Cameras film around the clock in some of Britain's busiest A&E departments, where stories of life, love and loss unfold every day

Amazon Prime
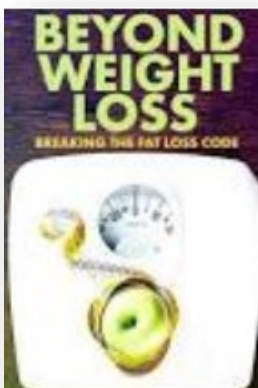
Beyond weight loss	The Upside	ALLELUJAH	Miss you Already

No Netflix paid account
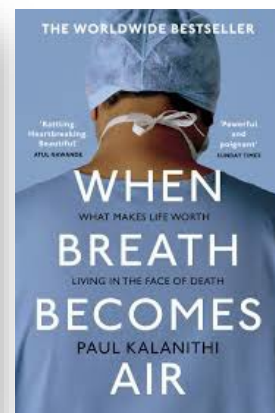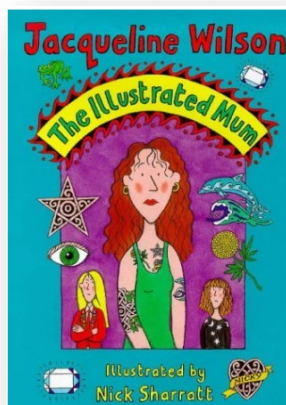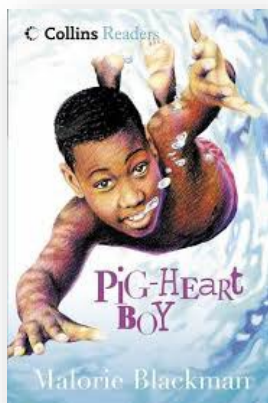
Dive into a book

Pig Heart Boy by Malorie Blackman

The Illustrated Mum Jacqueline Wilson

This is Going to Hurt by Adam Kay

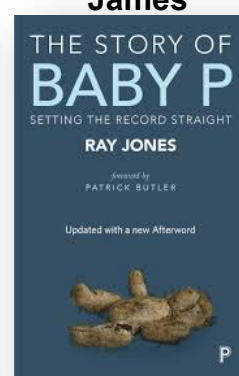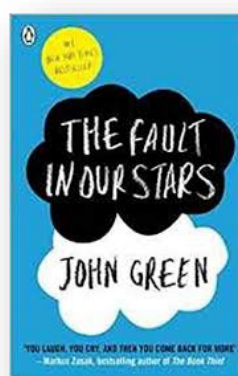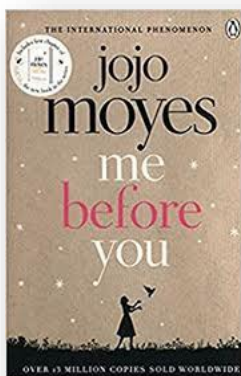**When Breathe becomes Air** by Paul Kalanithi

The Hate U Give by Angie Thomas

Me Before you by Jojo Moyes

The Fault in Our Stars by John Green

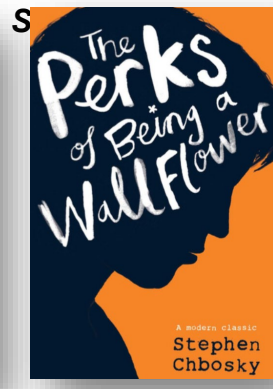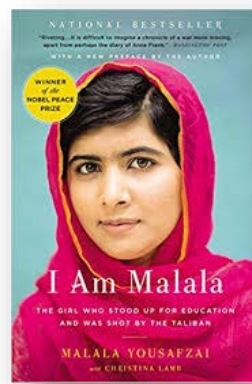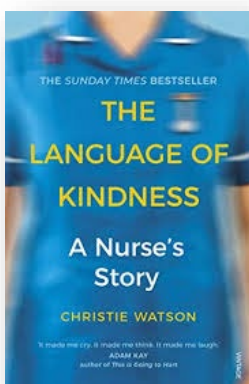**The Story of Baby P** by Ray James

Katie Price; Harvey

The Language of Kindness by Christie Watson

I am Malala by Malala Yousafzai

The Perks of Being a Wallflower

Recommended Reading for Health & Social Care
Yes, some of these are also films, if you prefer!

Social Media

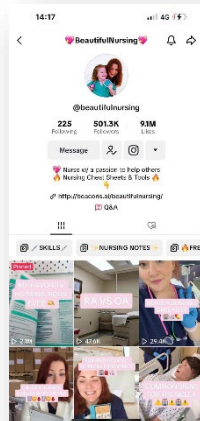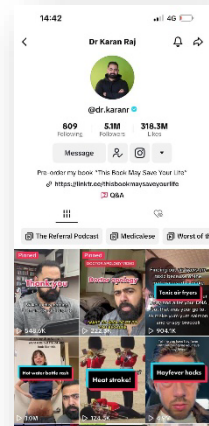*Follow*

Follow

@midwifemama
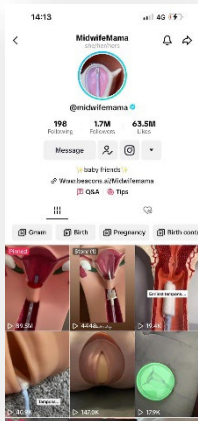
@beautifulnursing

@leilaincredible
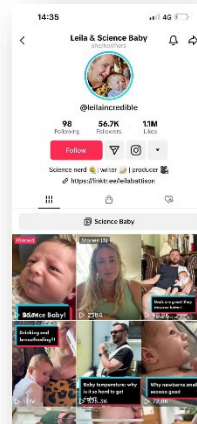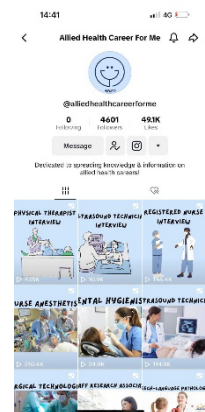

@dr.karanr

@instituteofhumananatomy
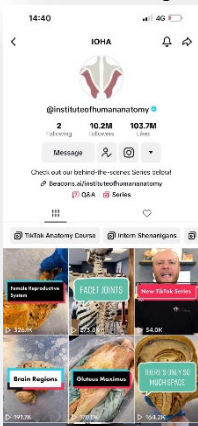
@lubdubsblog
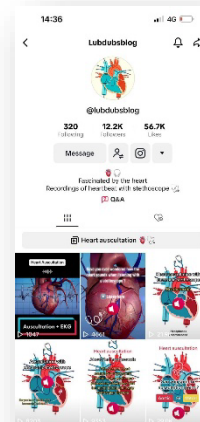
@nhsuk
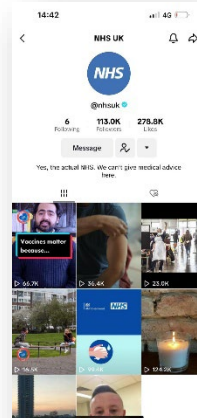
@alliedhealthcareforme

Instagram

Nurses.co.uk

@nursezara_uk

If you have any others, you think are good, let us know ☺

7

Health and Social Care in the Media

It is important to have a **broad understanding** of health care and social issues which affect services and professionals working for the NHS. One way of raising your awareness is to **prepare you before your course** starts with summer learning using different forms of media.

Your task is to pick…

➢ 2 Films

➢ 1 Book

➢ 2 Documentaries

You are then tasked with writing a report which is to be a minimum of half an A4 page with the following title: **'Discuss the issues** *[in the film/book or documentary]* **and impact on health care provision'**

You must watch or read using examples on the previous slides or another media resource relevant to your learning.

Consider the following:

• What issues, if any, are being raised in the stimulus? E.g. dementia

• How does the stimulus present health? E.g. care for people with dementia

• Explain why the topic of the media source is relevant to your learning and whether you think it is helpful and why?

This list is NOT exhaustive there may be other questions/ideas you wish to consider as you watch or read – it would be lovely to share with us all.

Barbara, the whole story

BBC Mental A History of the Madhouse FULL DOCUMENTARY

What Is It Like Being A Male Nurse | Student Nurses | Real Families
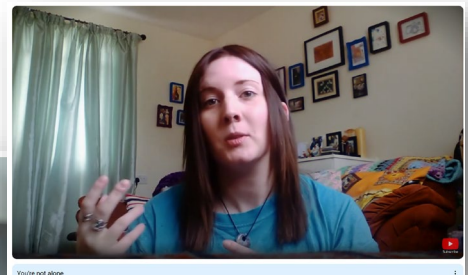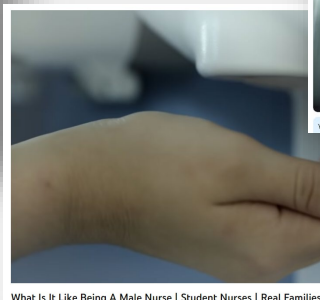
Learning Log

Record here any additional reading/viewing you are undertaking in order to show what you have been completing in order to prepare you for the course. Use the reading list on the previous slides you have been given for guidance on what you could you watch/read/research

Date	Title	Summary of content	My thoughts

Task: Research and define the following words which are words you will need to use correctly. Then, end column summarise the term visually to help you remember it.

Term	Definition	Pic/image/draw
Adolescence		
Advocate		
Attachment		
Care package		
Safeguarding		
Discrimination		
Diversity		
Empathy		
Ethical		

GLOSSARY

Term	Definition	Pic/image/draw
Person-centred care		
Care values		
Holistic Approach		
Multi-disciplinary team		
Physiology		
Health and care legislation		
Risk Assessment		
Meeting people's needs		
Self-Esteem		

Research a list of Health and Social Care jobs/ medical terms for each letter of the alphabet
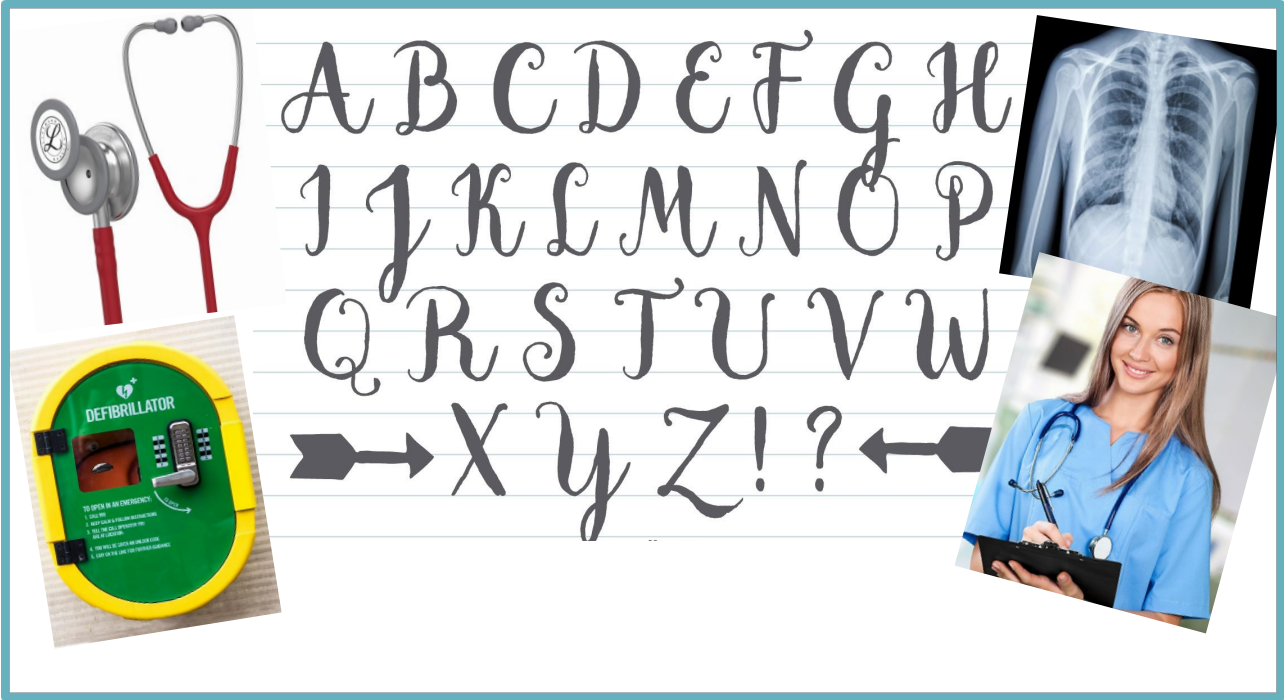
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W

X

Y

Z

An information leaflet task
Choose one of the below

Research the government recommendations for the below lifestyle factors and produce an educational information leaflet;

- **Alcohol units**
- **Exercise**
- **Hydration**
- **Nutritional diet**
- **Sleep**
- **Smoking**
- **Prescription and illegal drugs**

Research different techniques to manage stress, worries and anxieties and produce an educational leaflet;
- **Grounding**
- **Breathing exercises**
- **Me time and saying no**
- **Meditation**
- **Avoid unhealthy habits**

On 'The front line'.......

- What does it mean when people talk about being 'on the front line'?

- What does it mean when people talk about multidisciplinary teamwork?

Job Role	Definition	Roles and Responsibilities
District Nurse		
Auxiliary Nurse		
Palliative Care		
Phlebotomist		
Domiciliary Carer		
Neonatal nurse		

NHS

Thank you
to our amazing NHS staff
#thankyouNHS

True or False?

Colour code the statements in order to show if they are true or false.

☐ **True**   ☐ **False**

A district nurse will only work with the elderly.

A palliative care nurse will get involved with everyone who gets coronavirus.

A midwife works with babies and children up to 5 years

Domiciliary carers provide care in the home.

Only phlebotomists are allowed to take blood.

Auxiliary nurses help support other nurses to do their roles.

Passport to Sixth Form
Check list

Use this list to make sure you have everything you need to hand in in September in order to start your AAQ Health & Social Care course.

☐	**Report/review on your chosen film, documentary and book in the media, page 7.**
☐	**Complete at least a minimum of 5 sections of the learning log, page 9.**
☐	**Completed glossary of key terms, page 10-11.**
☐	**Filled in A-Z of Health and Social Care, page 12.**
☐	**Information leaflet**
☐	**Job role research from page 14**
☐	**Overview of job roles, page 15**
☐	**Pencil case with pens, high lighters, pencil and rubber.**
☐	**A positive attitude, a lovely smile and be ready to be yourself ☺**