Key stage 5 – Year 12	
Course title:	Cambridge Advanced National in Health and Social Care
Exam board:	OCR Lugar funds
Specification code:	H025/H125
Year 1 – Year 12 Unit	
	F090: Principles of health and social care (Taught by both teachers)
Autumn 1 – Spring 1 (September to January)	This unit is assessed by an exam (60 marks).
	In this unit, you will learn about how you can support equality, diversity and rights in health and social care settings. You will learn about different types of discriminatory practice and potential hazards, along with legislation that helps to keep individuals safe by identifying and supporting rights, duties, and responsibilities in care settings. You will learn about the meaning of best practice, the importance of providing person-centred care and how to choose the appropriate action or response as a health and social care professional. You will learn how legislation, policies and procedures work to reduce risks and protect individuals in health and social care environments.
	 Topic Area 1: Equality, diversity and rights in health and social care settings Topic Area 2: Managing hazards, health and safety in health and social care settings Topic Area 3: Legislation in health and social care settings Topic Area 4: Best practice in health and social care settings
	Unit
	F092: Person-centred approach to care
Spring 1 to Summer 1 (January – May)	(Taught by one teacher)
	OCR-set assignment (24 criteria)
	Centre-assessed and OCR moderated
	In this unit, you will learn the principles and values that underpin a person-centred approach to care and the practical tools that can be used to develop care plans for individuals. You will explore how to communicate in health and social care, how to build relationships and the barriers that need to be overcome to achieve person-centred care. You will learn to write and outline care plans to suit individuals, using person-centred approaches and develop your reflective practice skills.
	 Topic Area 1: Taking a person-centred approach Topic Area 2: Meeting needs and providing support in a person-centred way
	Topic Area 3: Communication skills needed to offer person-centred care

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	Unit
	F093: Supporting people with mental health conditions
	(Taught by one teacher)
	OCR-set assignment (24 criteria)
	Centre-assessed and OCR moderated
Spring 1 to Summer 1	
(January – May)	In this unit, you will learn about how individuals with mental health conditions can
	be cared for and supported in a way which is suitable for their needs. You will do
	this through exploring the meaning of mental health needs and considering the
	main types of mental health conditions and how these may affect the life of
	individuals. You will explore the different ways that individuals may be supported
	to promote their mental wellbeing, manage their condition, and different forms of
	treatment and support that may be available.
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	Topic Area 1: Definitions and views of mental health
	Topic Area 2: Mental health conditions
	Topic Area 3: Provision of mental health conditions
	Topic Area 4: Treatment and support available for mental health
	conditions
Rollover to Year 13 (after May half-term)	
	Unit
	F091: Anatomy and physiology for health and social care
	(Taught by both teachers)
	This unit is assessed by an exam (60 marks).
Summer 2	In this unit, you will learn about the arrangement of body systems and the structure
(June – July)	and function of the component parts. You will learn about key processes within
	each body system, that enable them to function properly. You will then explore
	conditions affecting these systems, specifically learning about the biological basis,
	monitoring, treatment and impact on lifestyle and independence.
	Topic Area 1: Cardiovascular system
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