

Key stage 5 – Year 12	
Course title:	Cambridge Advanced National in Health and Social Care
Exam board:	OCR
Specification code:	H025/H125
Year 1 – Year 12	
Autumn 1 – Spring 1 (September to January)	Unit F090: Principles of health and social care (Taught by both teachers) This unit is assessed by an exam (60 marks). In this unit, you will learn about how you can support equality, diversity and rights in health and social care settings. You will learn about different types of discriminatory practice and potential hazards, along with legislation that helps to keep individuals safe by identifying and supporting rights, duties, and responsibilities in care settings. You will learn about the meaning of best practice, the importance of providing person-centred care and how to choose the appropriate action or response as a health and social care professional. You will learn how legislation, policies and procedures work to reduce risks and protect individuals in health and social care environments. • Topic Area 1: Equality, diversity and rights in health and social care settings • Topic Area 2: Managing hazards, health and safety in health and social care settings • Topic Area 3: Legislation in health and social care settings • Topic Area 4: Best practice in health and social care settings
	Unit F092: Person-centred approach to care (Taught by one teacher) OCR-set assignment (24 criteria) Centre-assessed and OCR moderated In this unit, you will learn the principles and values that underpin a person-centred approach to care and the practical tools that can be used to develop care plans for individuals. You will explore how to communicate in health and social care, how to build relationships and the barriers that need to be overcome to achieve person-centred care. You will learn to write and outline care plans to suit individuals, using person-centred approaches and develop your reflective practice skills. • Topic Area 1: Taking a person-centred approach • Topic Area 2: Meeting needs and providing support in a person-centred way • Topic Area 3: Communication skills needed to offer person-centred care
Spring 1 to Summer 1 (January – May)	

Spring 1 to Summer 1 (January – May)	Unit F093: Supporting people with mental health conditions (Taught by one teacher) OCR-set assignment (24 criteria) Centre-assessed and OCR moderated In this unit, you will learn about how individuals with mental health conditions can be cared for and supported in a way which is suitable for their needs. You will do this through exploring the meaning of mental health needs and considering the main types of mental health conditions and how these may affect the life of individuals. You will explore the different ways that individuals may be supported to promote their mental wellbeing, manage their condition, and different forms of treatment and support that may be available. • Topic Area 1: Definitions and views of mental health • Topic Area 2: Mental health conditions • Topic Area 3: Provision of mental health conditions • Topic Area 4: Treatment and support available for mental health conditions
Rollover to Year 13 (after May half-term)	
Summer 2 (June – July)	Unit F091: Anatomy and physiology for health and social care (Taught by both teachers) This unit is assessed by an exam (60 marks). In this unit, you will learn about the arrangement of body systems and the structure and function of the component parts. You will learn about key processes within each body system, that enable them to function properly. You will then explore conditions affecting these systems, specifically learning about the biological basis, monitoring, treatment and impact on lifestyle and independence. • Topic Area 1: Cardiovascular system

Key stage 5 – Year 13	
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Year 2 – Year 13	
Autumn 2 – Spring 2 (September to January)	Unit F091: Anatomy and physiology for health and social care (Taught by both teachers) This unit is assessed by an exam (60 marks). In this unit, you will learn about the arrangement of body systems and the structure and function of the component parts. You will learn about key processes within each body system, that enable them to function properly. You will then explore conditions affecting these systems, specifically learning about the biological basis, monitoring, treatment and impact on lifestyle and independence. • Topic Area 1: Cardiovascular system • Topic Area 2: Respiratory system • Topic Area 3 Digestive system • Topic Area 4 Musculoskeletal system • Topic Area 5 Control and regulatory systems • Topic Area 6 Reproductive system
Spring 2 to Summer 2 (January – May)	Unit F096: Supporting people in relation to sexual health, pregnancy and postnatal health This unit is assessed by an assignment. (Taught by one teacher) OCR-set assignment (24 criteria) Centre-assessed and OCR moderated In this unit you will learn about and research the most important aspects of sexual health including relationships, the law, consent, sexual health, sexually transmitted infections, contraception, pre-conceptual care, birth, and the immediate care of the baby, and how to obtain support for these. You will also learn to produce advice and guidance that is personalised for specific individuals with issues related to sexual health and pregnancy, birth and postnatal health. You will develop skills needed to deliver advice and guidance in a sensitive and professional way and review the process of doing this. • Topic Area 1 Advice and guidance on sexual health issues • Topic Area 2 Advice and guidance on pregnancy, birth and post-natal issues • Topic Area 3 Plan, deliver and review an advice and guidance session

Spring 2 to Summer 2 (January – May)	Unit F094: Supporting people with long term physiological conditions (Taught by one teacher) OCR-set assignment (24 criteria) Centre-assessed and OCR moderated In this unit you will learn about the different types of long term physiological conditions, how these are caused and the daily and long term effects on individuals. In addition, you will develop an understanding of the different methods of monitoring these conditions as well as treatments. You will have the opportunity to conduct your own research and gather data on services in your local area; this data will be used to present your ideas on the effectiveness of the local services. The skills you develop conducting and interpreting your research will be independent learning, referencing, time management and critical thinking. • Topic Area 1 Long term physiological conditions • Topic Area 2 Monitoring and treatment • Topic Area 3 Impact of long term conditions • Topic Area 4 Support individuals to plan their care and support
Complete course before May half-term	